In the final position of Needing and Waiting for Nourishment, I am entering into a shelter with contentment and waiting for others to arrive.
- not rushing others for them to help me
- remaining extremely sincere in yielding heaven on earth by being led by heaven
- waiting in a way that fully develops my humility towards the way of yielding heaven on earth
- submitting to the principles of yielding heaven on earth by being led by heaven
- continuing a long time and acquiring the harmonious interaction of tendencies that are needed to advance beyond the obstacle

In the position of ruling and mastering the way of Needing and Waiting for Nourishment, I am content with food and wine while I wait.
- remaining straightforward by regularly corresponding between points that are obviously similar and join to increase their distinctive qualities
- acquiring a way that is decisive without being destructive in my own decisiveness
- fully developing the way of yielding heaven on earth by being led by heaven

In the fourth position of Needing and Waiting for Nourishment, listening to the moment and leaving the shelter of my contentment instead of struggling and becoming injured.
- remaining content
- attending to the properties, traits, and qualities of the moment
- submitting to the properties, traits, and qualities of the moment
- avoiding the point of reaching misfortune

In the third position of Needing and Waiting for Nourishment, I am cautiously calculating what is fitting while I attract criminals in the mud closest to a river of streaming obstacles.
- being humble and submitting to the principles of the way of yielding heaven on earth by being led by heaven
- distinguishing and moving in accord with the qualities, traits, and properties of the moment

In the second position of Needing and Waiting for Nourishment, I am overflowing with tolerance and generosity as I move step by step toward a river of streaming obstacles.
- guarding my centrality
- not reaching a point of distress of harm

In the first position of Needing and Waiting for Nourishment, I am constantly remaining in a place that is faraway from a river of streaming obstacles.
- returning to a place of contentment
- remaining content
- guarding my own tendencies
- not advancing to confront the obstacle